<u>GOLDEN</u>

<u>INNER</u>

<u>KNOWING</u>

PART ONE: INNER KNOWING.

In life almost everything is divided into opposites, as a difference between one or the other, choice or possibility. When there is a choice to be made, it is between the both for having advantages and a minimum of disadvantages. Liking and choosing for the best can be often a difficult choice, even by choosing a colour, or feeling a kind of dislike. Taking the best of both isn't always possible and then there is a dilemma to solve.

In the body most parts are built up in two and in left and right, the body functions the best and most stable with complementary parts. By having only one hand, arm, leg, ear, eye, or kidney mankind is disabled, or badly handicap. In a special way this is also the best possible way to look to life with different eyes, rationally or from inner feelings. Mankind is able to correct, or complete by adaptability the parts in life which aren't there. To reach perfection isn't a different action than to fulfil life in completeness. The inner needs are also there to be fulfilled in one way or another, in looking for satisfaction almost everyone can get the best of it all. Doubting about which choice to make and which one is the best, can also causes difficult dilemmas. In being a man, or a woman has also quite different aspects in accepting, appreciating in all kinds of abilities and behaviour aspects.

1.1.Feeling complete.

In life growing up is as a discovery of everything which is inside and outside and make a living complete. Parents are important to develop in the best way, even when they aren't perfect, because no child knows the lessons which have to be learnt. Feelings are important and for the basics in life at first the only reference of feeling comfortable. Unaware of any problem, or impossibility a child starts to grow up in developing simple capacities to survive. There seems to be hardly anything important except getting food, sleep and feeling satisfied. Developing skills like smiling by feeling satisfied and crying by feeling hungry or pain, seems to be the only actions. In taking care of and caring when needed, nothing seems to be important to start growing from a child to adult life. No human being can grow up like this and several lessons do have to be learned, before becoming a human being. This is not about learning to walk, or talk at the right time, but about the developing of the own inner nature.

1.2. Recognize opposites.

The completeness of different parts is often concealed in the way these differences appear, or like in an addition. To be able to make it complete and find the additions, often almost seems to be concealed from unawareness. As ignoring the consequences by a kind of overlooking as real facts. When this becomes clear it's like a relief, or a reward by a finding the last parts to complete a puzzle. By seeing this completeness makes this looking for all parts increase worthwhile. Knowing about it all before is almost a joyless action, in searching and finding there can be less pleasure found, as in a reward. In feeling proud and enjoy the results is like go beyond normal activities, especially in dull actions. Like a child who starts to learn counting and suddenly can see and feel 1+1=2 as a knowing from inside. This reward by learning isn't always there, most of the times the wholeness is already there. Then it has to be accepted as the truth without tension or challenge.

1.3. Pursuing old habits.

Sometimes old feelings cannot be changed, because they still hurt a lot and are too painful to look at them freely. Inside there is also the knowing of some good memories, but they are hidden behind an impenetrable sadness. By going into the sadness nothing about this other knowing can be healed or solved: they feel like complete different parts. The sadness has to become reality with all other memories to be healed and solved. The strength which is needed to heal has to be found in these good memories for aid and assistance. This looks and feels as contradictions, but are needed both to bare and complete the real feelings again. One of them cannot be denied to live reality in life, there always has to be dealed with contradictions. Being in pain and sadness, this problem is for a person very hard and almost impossible to overlook. Someone else without the suffering of this pain is capable to help to overlook and make this old habit clear again.

1.4. Learn the lessons from life.

Nothing happens without reason, although what had happened before can come out of the blue into the mind. Like bringing old and often forgotten memories suddenly into the mind again. In the process of almost forgotten memories, there is often a lot to avoid pain which could be healed at that time. Realizing this is different from ignoring pushing these thoughts and feelings away. Although this action is too hard to handle at that moment, as to much and too painful, ignoring this doesn't help to heal the mind. By accepting in wondering how and why, later on his can be worked out for healing these old memories. They will disappear in acceptance and this all can be replaced by renewing the memory in no longer hurting. By this process of renewing the inner self can grow on without the pain of unknown memories. This healed old pain will disappear and no longer be remembered as pain or shameful. This will give a joyful feeling with of relief, like a losing a burden. There can be more space for the goodness and goddess and feeling divinity in the inner self.

1.5. Understanding the inner possibilities.

Inner knowing is different from growing up by eating and playing, the consciousness about the inner self is only there to refer about active. Being sweet is very important and every child has to learn how to please to be loved. Often this pleasing behaviour isn't exactly what's really felt inside, or the right thing to do get respect. A little lie is also common when someone asks for a kiss, which isn't the real action from inside. This so-called social behaviour can bring a child in confusion, because it can be felt as not telling the real truth. Lying for the feelings of other people in so called social behaviour has a complex influence. Sometimes this little isn't bad at all or to see this as cheating, but the inner self has to deal with this. In finding the boundaries, which little lie is allowed and what is cheating. Is stealing sweets as bad as telling you do like someone when you don't? To find a balance isn't easy in dealing with conscience for a lot of children. It's like switching from wanting and inner knowing to find the real balance in higher pureness. This will remain a lifetime long, always there has to be made a choice from higher knowing.

1.6. Bringing higher knowing in the reality of daily life.

The process of inner consequences never stops, when one part has been integrated there will be more. The joy of discovering to know what it's all about leads to all almost similar and different other subjects. In life there are very many events which happens without really knowing what behaviour, thoughts or pain can be changed. By looking carefully, they are often similarities, but small differences make it all quite different. In listening to the heart and feeling strong to disentangle, this plot of actions, habits, thoughts can become clear. In childhood there is so much to learn and by different educators there always have been personal rules, which no longer fit. This isn't even the most important part, loosing belief in the goodness and pureness of the self. Every event, experience, or failure can lead to rejecting of the goodness of the inner self. In a kind of misunderstanding all qualities are only experiences, to learn from life in doing the best. By looking at the past to all painful experiences, as an adult they can be forgiven. Every child does the best in pureness to live life, but all opportunities aren't always there to fulfil.

1.7. Trusting the inner knowing.

Feeling something is going on which isn't there to see yet is important to recognize, this can be a warning or just like a sign to be alert. What couldn't yet be heard or seen, being alert and also using all senses like ears, nose and eyes can make things clear in an early stage. This being alert isn't always a warning, but also noticing possibilities which appear. Saving someone's life is often a matter of awareness as a courtesy. The inner self can always be trusted, even when it's not all clear at that moment it can be seen as a training of the senses. Sometimes will become clear afterwards as an evaluation will which results this has given. In this looking in overhead, like seeing with different eyes in completeness can be seen different things. In a reflective contemplation former opinion can become wider and to see in a different meaning. This difference can only about what has happened can only best seen with help of the inner knowing. Mankind isn't able to see everything in completeness at once, by always using the inner knowing this can improve. Then improvement isn't always correction but seeing more and different with the inner eye and inner knowing.

1.8. Feeling save in receiving higher knowledge.

Listening to the inner self means trusting the mind and in the receiving of this information. As a child everyone has learned not to think to know it all, or being nosy and conceited. In trying to be smart in being pert, is impertinence behaviour, like stubborn and obstinate not done as is wilfulness. The inner knowing is a quite different and also almost the same knowing, but without ego better knowing for the self. Then the feeling is almost like hesitating, without any plan or wanting to think, or know from the ego. In a kind of flow from inside this knowing becomes suddenly or very slowly clear. In the beginning a thought seems often unimportant till it grows wider into a view and becomes more important in associations. The sometimes almost sudden knowing from the inner self feels like a relief in this finally knowing. It has grown slowly and in experiencing to certainty in inner knowing. This inner process can give inner joy in stillness and to know this is holy knowing. To go on living in daily life with this special experience of gathering holy information will give a feeling of humbleness.

1.9. Experiencing the differences of the inner halves.

In everything there is an opposite, there is always another possibility to choose which isn't completely good or bad. Memories can be painful or joyful and can also be both, with good and less nice parts. Looking to everything can be with deep feelings to understand it all, or in looking at everything as in a business model. To discover one's good and fine capacities is always more joyful than painful experiences with anxiety. The art of living and acting from opposite qualities in the self and in other people can be puzzling. In wanting to restore a difficult situation it can be refreshing to laugh about it, or start crying in a disastrous one. It's necessary to have a Scala of possibilities for every situation and finding the right one. Even starting to laugh or cry can be difficult, the inner feeling of a situation can differ and it always has to be the right one to react. Sometimes it's not about situations, but about the inner self and the own deep feelings which lead the way. There always can be chosen for understanding and a sympathizing way in compassion, or just the opposite way to act in reverse. Only the inner knowing can advise which behaviour is the best at that time.

PART TWO: DIFFERENT INNER PARTS OF KNOWING.

No one is complete or perfect, even not when they look and act as if life is simple without problems and under control. In every human life there are different periods and after gaining an ability, or a grade life feels almost simple. This feeling disappears until the next exercise hard period in life. Always being joyful and optimistic isn't the way to learn how to deal with human existence. Being a human being on earth is one great learning school, from the Gradle to the grave. Every period askes different skills and a way to deal with setbacks and disaster, life isn't just easy living. To cope with living and all lessons which has to be learned is a lifetime business and means living in sadness and in joy. Both sides of everything have different qualities to learn to deal which can only be learned with inner knowledge.

2.1. Accepting existence.

Every child has its own nature and in growing up more all possibilities and character traits become characteristic. Learning in childhood to become a perfect being is impossible, for life is developing the whole life long. Being a child is the time to be nourished and play, as a start of this development. Developing in love and trust is the best way, but hardly no one grows up without pain, jalousie and feeling bad and alone. Food is important to grow, but the developing of the inner trust in being a precious being is even more important. Knowing to be a perfect being isn't only important for a little child, but is necessary a lifetime long. Growing up in trusting the inner knowing makes the self competent to struggle and to can enjoy life. Being allowed to live and grow up in love is a condition for the inner personal development. The inner self can see and feel the differences to learn to feel what's wrong or right. In inner trust of the own feelings this perfect person can develop into a divine being.

2.2. The function of both parts.

Everything in life has different meanings and sometimes they look contradictive, but they are supplementing for gaining the best result. Experiencing one part can feel like completeness, on a subject, but everything can be looked at in another way. The first one is only a like base for the idea to grow into completeness so our mind can get use to it. This is almost as the first step that has to be taken in common knowledge before the real task can be performed. All things in life and in the body are build in smaller objects which can grow to completeness. In reaching completeness, as understanding what it's all about is also valid for human abilities. Sometimes the mind isn't ready to receive the completeness and has to overcome ignorance. This isn't about knowing, but getting used to it and about feeling able to handle information in small parts. It's like growing up to learn and by feeling all right with it, the understanding can be admitted. One step at a time is learning how to walk, run and climb, this is for everything in life as growing into abilities. Learning is step by step, feeling and from inner knowing.

2.3. The different ways to see, feel and know.

Having seen something with own eyes isn't always the complete truth for everyone, everybody has the own personal truth. To look at written words can be interpretated different and so the Holy Bible, or any other Holy Book or teaching isn't the only truth for everyone. Everyone can use the own inner knowing for what's the real personal truth. Holiness however is a kind of quality which is hard to prove, because it's a feeling coming from the inner self. There is a lot of true wisdom and in comparing them they appear to be complementary. It's just the point of view which differs and there are many of them for all kinds of subjects. Which religion to choose as the best differs from what's felt inside every individual. What the right thing to do is, is differs and not always a matter of consciousness. When a hungry child takes bread isn't this stealing in greediness, but to maybe to save his life. The way to judge actions can always be seen from many views and a different angle of incidence. But also, from the pure inner knowing and feeling in an inner survey, to see completeness of the situation.

2.4. Constant renewing of body and mind.

Many parts of the body can grow into other functions when this is necessary. Growing up shows different stages of physical development, nails and hairs grow always and faster than the body: teeth renew completely after childhood and the skin is capable to peel. The mind can develop from baby to adult brains and to wisdom in old age and is able to adapt in different situations. There is always need for a boost or stimulus from in- or outside to develop from one stage to another. Denigration of a capability is a common way, knowing and learning how to walk makes crawling less important. All these functions change and can communicate in harmony a life time long until sudden events change it. Then the time for the inner knowing as consciousness about all these processes can be needed. In using all kind of components like healing, meditating these disturbances can be integrated in wider visions of needs and possibilities. This is an inner process which can develop to see with the inner eyes and learned what it's all about in life.

2.5. Taking care of the inner knowing.

In daily life a lot goes on and everything cannot be worked out completely at the that moment and at the same time. Later on, everything can be completed and everything what happened with all the feelings can also be worked out then. It's an easy action just to take time for it, but often this is the most difficult part of the inner work. It takes a lot of courage to go deep into a bad, or failed situation: yet it's the only way to heal and correct the inner feelings. Feeling proud about a successful action, it is the same way to start to remember what happened with all feelings. But instead of joyful feelings is working out painful feelings a quite different action to undertake. Looking at what happened and what wrong however is the only way to clear up the mind and learn from this. Looking away cannot clean the mind forever, working out one event brings a lot of joy when it's cleared up. Everyone is a goddess being and has to learn lessons in life to become a perfect being. Without leaning there can be no growing of the inner self and they can only be showed in earthly confrontations.

2.6. The inner self leads the way.

In surrendering for healing what went wrong in situations, everything can be worked out clear. The inner self shows the completeness with all components and looking at it, is quite different then having been in this situation. Like in an overview feeling and the inner knowing can cross the mind and be combined in a realistic situation. Experiencing this completeness makes it possible to understand all behaviour. The inner self can than complete in understanding the actions or failures of all which has happened. As feeling inner joy, the self can grow in finally knowing what's it all about by this clearness in a difficult situation. Then there are no more doubts about feeling having failed, or acted in the wrong way. With a clear mind and soul life can be seen as a lovingly place to live and by learning this goodness in inner self. This is only the start of the inner process and there will be a lot of exercising to do. Knowing the way how to solve problems and to look at them no longer in fear or shame is a relief.

2.7. Experiencing to be a pure being.

Being able inside to see the deeper meanings and consequences of problems and feeling small is a relief. Knowing by feeling this pure way to solve problems and to be able to look inside, can heal all uncertainties. This pure goddess feeling can almost become an addiction in wanting more pureness for all and everyone. This is also the fake, as a trap in wanting to convert other people, like having the solution for every problem. By going inside and learn from the inner self is an overwhelming higher feeling. This treasure feels sometimes like living a double life in always looking for the real meaning of everything what happens in life. The intense joyful feeling after getting the real insight, to complete all that is bordering in life. This is also why people who find the solution in themself look like far away from others who are unaware of this all. Daily problems become unimportant and so easy to solve, by knowing having the key in the inner self. Growing in these feelings makes human being complete as living holy beings on earth.

2.8. Learning to trust the inner feelings.

Looking at things never shows the completes of the reality, there is always more to it all. Understanding and learning to be patient and wait for the completeness is a matter of patience. The mind is able to make everything feel complete already in a first thought or with one or two visions. To combine this into the reality of life and work this perfect solution out, almost feels like a hasty job to do. The mind is clear what has to be done and keep on in quit waiting in meditation is almost feels like wasting time. At that time only a part of what has to be done is clear, for the completeness hardly ever shows in one view. Wanting to solve what has become clear and solve those wrong things, feel like a drive that has to be satisfied. Learning patient in putting changes into in the world in actions is the ego. Sometimes two or more parts have to be added for the completeness at all time. Like the vision of a child has to grow, or to learn to walk it's always a matter of step-by-step to fulfilment.

2.9. Using feelings in daily life.

Everyday events happen and go in a different direction which is unwanted and often they can easily be corrected in time. A lot of accidents are being prevented by taking notice and in taking actions in time. This isn't really spectacular and can be accepted in the normal way of life. Taking another road than planned is a different way, in feeling lucky about this by having prevent the confrontation for an accident. Why and when deciding for another road is a different matter, for this can be planned or being a change of plans. It differs in getting the feeling to take a sudden, unexpected illogical action, or by choosing a well considered intellectual action. In almost afterwards realizing what happened and being surprised of the result and of the own actions which has been taken, is quite different. This can feel as if someone or something else has taken over, or told why and what to do. As if an angel on the shoulder was there to take the right action, or has told what was the right thing to do. This is also possible normal daily life, even without accidents but with making the right choices.

PART THREE: THE COMPLETE INNER SELF.

In life there are a lot of components which make people understand what's going on in the world. For the inner self this is a complex deducting process to know, learn and also accept the inner knowing and the inner feelings. Reading a book and taking the message is more free of obligations than to accept the inner feelings about the subject. This is not by judging right or wrong, or by doubting to act: this is about the inner self where no incomplete knowing is. Like a yes or no and no way in between, is in the self the reality connected to the mind. Like making a decision only from the love of the heart, as the best way to complete actions.

Memories and actions are complementary and can become completion to work out by the inner self. The real knowing from inside is always the loving, soft and tender way for the self and for who it concerns. Like a wider view on simple knowing from inside what the best is to do and take actions in an easy individual style.

3.1. Deducting and reset memories and Inner Knowing.

What has happened in childhood is for everyone a source of diffuse feelings and knowing, mostly told by (grand)parents or siblings. Accepting this knowledge to be true, is often the base of every personality, even without any knowing of the inner self. In growing up the inner knowing develops and then this so-called truth can lead to confrontations and in conflict situations. Trusting the inner knowing and inner self, is the base for a complete and pure development for living and looking at life. In misjudging this pureness by other people, the inner knowing can come into an inner clash and in conflict. Most of the times this is the start of confusion. As in a lack of self respect, is this becoming unhappy in life often be caused by this misjudging. Resetting all these memories and understanding all the feelings of injustice which has led to the current situation, can feel as a relief. When all this can be understood in love for the self in completeness, it feels like the beginning of a newborn life. It can feel almost like overcoming a triumph, which was always known by the inner knowing and the inner self.

3.2. Gained Inner Knowing.

Learning from experiences is often a painful way, by trusting the inner self this can be easier done. Old pain is hard to handle in finding all items and in grower memories which have to be reset in new looking to the matter. Small items don't hurt that much and can be easily solved, in being alert on small inner feelings. The brain cannot find the solution immediately and by going inside to the inner self everything can be solved. All answers are always inside the inner knowing, but often hidden as too painful to think about it. Feeling as a bad, or stupid person is hard to handle, by believing in the greatness of the human abilities isn't. There is always help present from inside and outside, guardian angels, guides, holy persons etc. You can also just ask for help or for someone special, the answers on a problem will be given to you. This is the way to solve all big problems and also simple struggles in daily life. It can become a kind of addiction to solve everything which is bordering the mind. When anything happens it's easy to go into meditation and the flow will start, because it's all inside the inner knowing.

3.3. The stillness of the inner self.

The mind is always busy and sometimes confusing in showing all possibilities there are to act. Withdrawing in the inner stillness can feel as a relief and see how all becomes one in the best way to think or act. It's like feeling in the flow of a river, from one side to the other bank into drifting without a troubling mind. In the stillness of the inner self everything is all right and can be overseen in ease and with grace. Thoughts come in and go, without any wanting to force or know what it's all about. It's like growing in this flow in knowing what it's all about and to the only right answer from inside. No struggling in weighing to find the right answers, slowly it all becomes clear as simple as the sun comes up. It's even a comfortable situation in drifting around in this stillness of the own mind and sometimes this feels like an addiction. Without all the daily actions and responsibilities just enjoying this stillness, where problems are solved when they show themselves. In an overview of all that bothers can be solved easily and with grace.

3.4. Combining memories and Inner Knowing.

The human brain is a complicated substance with a lot of functions, which appear during human life. To remember things is an example of all parts of knowing with differences in importance, limits and speed. This can by being able in suddenly remembering things which were completely forgotten, or by slowly trying to reconstruct all situations. Remembering all kind of feelings and motivations, or completely forgotten memories are just a few examples. In being capable to go back in time and reconstruct these situations, is a fantastic way to use the inner self. Everything which ever has happened can be reconstructed with the inner self. All feelings and questions can be answer and become clear. In this being honest and wanting to learn from the inner self, all problems can be looked at and solved. The inner self can show the completeness of all situations, with the own the personal actions and feelings. All emotions can be healed by understanding as a lesson and knowing what went wrong and why. This inner knowing is a base for looking to life in understanding the self and all that happens.

3.5. The Inner knowing can lead the way.

Every human being also has an instinct to be able to reflect in a way which is suitable, like a child learns how to behave in the right way. This is almost social behaviour, but isn't yet intermated and been made as a free choice. Many actions have unknown consequences, which cannot be clear before they happen and this is what a child has to learn by experience. The showing of good will in pleasing, or go against someone's wishes, this all can differ in this process. Practising actions is a difficult exercise and means a lot of adaptation for every child. The time comes when a child starts to do it all in an own, different way and sometimes this is the right way. In different actions, everything can be discovered from this personal and special way. This isn't always the best way in puberty, but has to be learned and can be also difficult to understand. Learning how to make own choices in growing up, can also be in choosing for the the inner knowing. Then this is developing in a special, personal own way, to live life and this grows from better knowing, to reliable inner knowing.

3.6. Growing Inner Knowledge.

During life there are a lot of experiences and they all can grow till completeness in developing. Mostly all these experiences with the learning from it, fast disappears from the active mind into oblivion. The underlying knowledge like these learnings, can be easily used again in similar situations. The mind is able to classify all information and experiences so they can always be brought up when this is needed. Growing inner knowledge is an unconscious livelong process, which isn't regulated by the mind. There is only a little difference with the earlier learnings from school which is the fact that these learnings cannot grow on. By learning to count, or words from different languages this is what it is, they can be recalled unchained. Inner knowledge is there and can be used in awakening and growing consciousness. Almost similar events can be related to this former knowledge and grow into expansion. This can grow into the completion of understanding it all, into complete higher knowing. This consciousness cannot be there all the time in daily life, but the inner knowing is aware of it and always there to cherish this treasure.

3.7. Try to repentance when there is need for.

A lot of situations aren't clear to understand immediately when the happen. By asking the inner self it's possible to see the completeness. But this is hard to handle in every situation and also at right on the moment when it happens. In a confusing situation it's hard to act in quiet self-confidence, especially when there are a lot of components. Staying calm and let it be is always the best solution in every situation and in nodding in understanding. It's always and in every situation possible not to decide anything when it's only a wish from someone else. By letting go this pressure and take your time is a normal action. When this is understood your answer can sometimes be clear, for its then deciding in freedom. Looking at all factors without taking a rest, or to go inside, it's always the ego who will answer. Asking for inner knowing about the subject will send the ego away. It's only a little difference and hard to notice, but by asking three times it will always work out. Living as a human being on earth, it's not possible to be all day in the pure self, or the inner knowing.

3.8. Growing in completeness.

The inner self and the outside world have to cooperate, because they aren't equal and the same. From different triangles everything can be overlooked by the inner self, in feelings or just by inner knowing. Living life on earth only from inner knowing is impossible and therefore humanity has to learn practising this. Being in meditation can bring heaven nearby, but daily life is different to live in. Exercising in trying to be a trustful and lovingly person can be learned as one of the first lessons to learn. Caring for other people can grow to generosity and brotherhood as first steps to completeness. The inner self can teach exactly what there is to learn by feelings and the ego only has to complete this all. The human mind has a lot of pitfalls to overcome to grow in serenity for all mankind. Only praying isn't enough to reach these goals, there has to grow a lot of inner knowing about the purity of the inner self. One live isn't enough to learn and be able to teach in pure wisdom. That's also experiencing the difference in living as a man or a woman and with male or female qualities.

3.9. Combining Inner Knowledge.

Learning in life from actions and failures is a process which lasts a whole life long, no one is ever too old to learn. This is not about mistakes, but has to best seen in the flow of life, where all is changing and nothing stands still. The flow of life can be a stream which flows fast, or slower and that is what life is about. The time to reflect and to learn from all the lessons in life can influence this process. Sometimes the same, or similar lessons have to be learnt over and over again. A tiny difference can matter in understanding the completeness of the matter and can be hard to distinguish in the own inner self. For other people this can be very clear to see, because they haven't had to carry it around during their lifetime. Inner knowledge is always a very personal alignment, which cannot be the same for all humans. The way to completeness is as valuable for everyone, the way isn't important to come to understanding of all there is. An open mind is ready to learn and can process or realize information in a personal tempo. One isn't better, for it's about the result to sink in, take root and leave a lasting impression which counts.

FINAL CONCLUSIONS.

The human mind is capable to develop in understanding by combining knowledge and learning the completeness as a reproduction of Inner Knowing. In a lifetime different parts of the Inner Knowing can grow into a complete understanding of processes and to internate this inner knowledge. Every part of the Inner Knowing can grow, develop and variate in intensity to gain as a capability: to learn to know what's life all about. It will take more than one lifetime to learn about all human capabilities and to get an overview. By growing in the Inner Knowing, different parts can be brought, refined and improved to perfection into Golden Inner Knowing. Living a simple life is as important as having a clever mind, the purity is important to distinguished both of them. The purpose is to be able and to learn living life in love for everything and all mankind. By accepting the fact and the effect of Inner Knowing means a turn point in life, as an added kind of living. The higher Inner Knowing can be asked and used by everything which is happening in life, instead of only good or bad feelings. It's a way to experience everything in life and the possibility to check this by the inner knowing of the Higher self. This checking is somehow like not only to distinguish good or bad, but also see and live the consequences for future behaviour. Knowing about these both sides before choosing what to do, is more information for acting and from the inner self it's always the choice for love. The loving way is hard and impossible to find in acting from the ego in ego behaviour, but it's always possible to act from love. In working hard, the mind is always so busy to do the right thing in the best possible way. The Inner Knowing will show the lovingly aspects and in adding these to the work which have to be done. Like by suddenly starting to sing the work can be done easier and with pleasure. The brain can puzzle to find the best way to do a job, the Inner Knowing is always the best guide to ease the job.

Developing in complete understanding and gaining perfect parts can only by learning from failures. In this learning of the incomplete self growing into a complete self, this can all be done. Living a disabled life learns a lot of accepting the incompleteness. Experiencing inner boundaries can ruin and wreck one's health and be devastating. The completeness is almost there in knowing to do the right thing in understanding, and to cherish and guard precious Inner Knowing, by living in being an angle on earth.